

BirthFocus, LLC

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Labor Support Services Agreement

During pregnancy, the labor support doula learns about the mother's concerns and priorities for the birth during extensive conversations. She stays in close contact as the due date approaches, providing reassurance and ensuring her availability for labor. **During labor**, the doula supports the mother continuously. There are no shift changes. The doula offers comforting touch and massage, emotional support and reassurance. She offers hot and cold compresses at just the right time, and knows effective positions for labor and birth. The doula acts as a calm familiar presence for the mother and her partner and provides simple explanations of obstetrical terms and procedures as necessary. **Immediately after birth** the doula offers breastfeeding assistance, information and support. She helps the mother get settled in her post partum room. Visiting soon after the birth, the doula reviews the birth experience with the family, answering any questions and offers further breastfeeding assistance. **All doulas have been oriented to Beth Israel Medical Center. All doulas have had additional training from BIMC staff in breastfeeding and bereavement.**

**The fee for labor support services is based on the experience of the doula.
All doulas provide the same service.**

A **novice doula** has attended up to six births. The fee is \$500.

A **qualified doula** has attended up to fifteen births. The fee is \$1000.00.

A **seasoned doula** is certified and has attended more than fifteen births. The fee is \$1,500.00.

A non-refundable deposit of \$500, to BirthFocus, LLC is due with this agreement. Balance of payment to BirthFocus, LLC for qualified and seasoned doulas is due by the 34th week of the pregnancy. The doula you choose will make every effort to attend your labor. In the event that she is unable to attend, another equally trained doula will attend for her. The same financial agreement applies. Please mail contract and check (payable to Birthfocus, LLC) to sent to BirthFocus c/o Elizabeth Mangum 48-51 43rd St. #1E Woodside, NY 11377

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By signing this agreement, I agree to contact the doula when I think I am in labor, allowing approximately one and a half hours for her to reach me. I further agree to fill out an evaluation form before leaving the hospital. In the event that the doula is unable to attend my birth due to circumstances beyond her control such as extremely rapid labor, my failure to call her, or if I decide that I do not need doula services after 38 weeks, I understand that no refund will be given and that the doula will provide 4, 6, or 8 hours of postpartum care (based on level) within two weeks after the due date. I may cancel this agreement in writing or verbally up to 45 days before my due date as indicated below.

Client's name printed _____ Due Date / /

Client's name signed _____

Address _____ City/Zip _____

Home phone _____ Cell Phone _____ Email Address _____

Midwife or Doctor _____ Name of Hospital/Birth Center _____

Primary Doula Choice: _____ Back Up Doula Choice: _____

I would like to work with a: **Novice Doula** **Qualified Doula** **Seasoned Doula**
(Please check one)